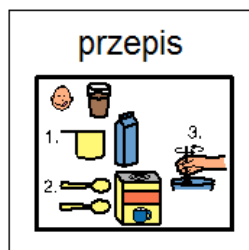






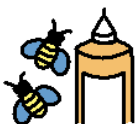






CIASTKA PEŁNOZIARNISTE Z BAKALIAMI



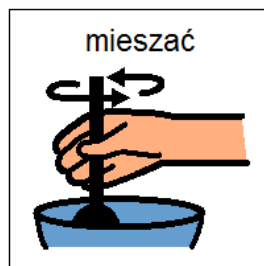
SKŁADNIKI:

2	szklanka 	mąka 	
	1	masło 	
1	szklanka 	cukier 	
	2	łyżka 	miód 
1	łyżeczka 	proszek do pieczenia 	
	3	łyżka 	siekane bakalie 

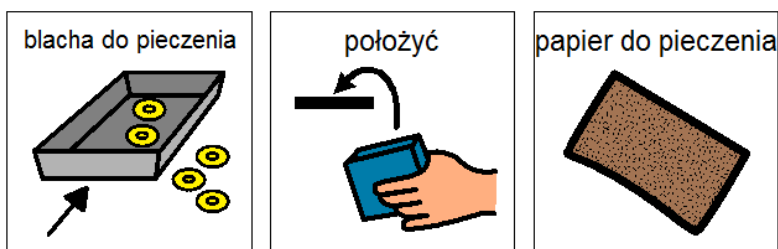
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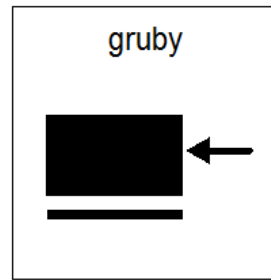
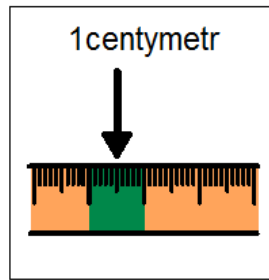
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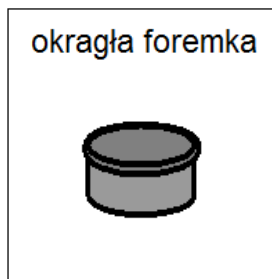
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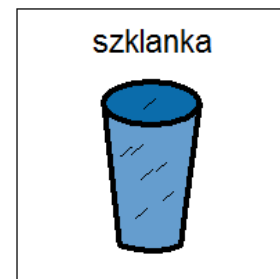
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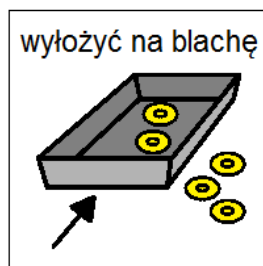
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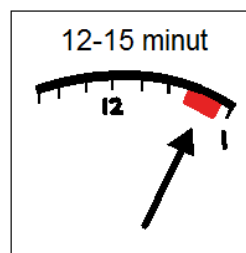
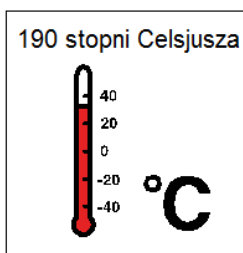
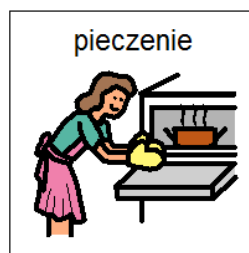
LUB



6.



7.



Przepis zakłada wypiek ciastek na bazie mąki z pełnego przemiału.